

### GERMBLAST

#### HANDWASHING ACTIVITY

This is a fun activity that kids always love. Watching your own hands glow is cool to any kid! It also makes very clear how important it is for them to wash their hands PROPERLY. You can do this activity with your whole class, or have a few student volunteers, whichever is best for your class and time constraints. Most importantly, have fun with it!

# To get started, scan the QR code or visit GermBlast.com/handwashing

Start the video and watch it with your class. Then you can follow the instructions inside the booklet.



#### WHAT YOU'LL NEED TO GET STARTED

#### **PARTICIPANTS**



**GLO GERM** 



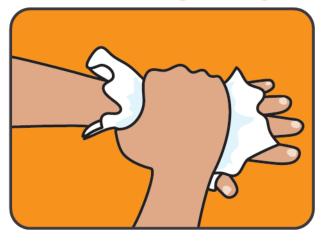
**SOAP & WATER** 



**UV FLASHLIGHT** 



**PAPER TOWELS** 





#### **GLO GERM APPLICATION INSTRUCTIONS**

- **1.** Take your tube of Glo Germ lotion and apply a dime-sized amount to the palm of your student's hand.
- 2. Then have them rub both hands together, as if putting on normal lotion or hand sanitizer. Rub Glo Germ lotion between fingers, on and around fingernails, on the backs of their hands and even on their wrists.
- **3.** Once the Glo Germ lotion has been rubbed into your student's hands completely, use the included UV flashlight to uncover the simulated "germs" hiding on their hands. It helps to turn off the lights in the classroom so the "glow" is easier to see. The Glo Germ lotion may even spread from the participants' hands to surfaces and clothing. This helps demonstrate the ease with which bacteria can spread from our hands to other surfaces (and don't worry, it comes out in the wash).
- **4.** Next, have students wash their hands like they normally would. Don't encourage them to "wash well" or give instructions... the point here is to show how washing hands incorrectly leaves germs on their hands!
- **5.** Then, using the UV light, take a look at your students' hands again so they can see the areas they missed where the "germs" would remain.

**6.** Lastly, send them back (or select a few students) to wash their hands again, following the W.H.O. method in the video and repeat the "germ" inspection with the UV light to see how much better the results are.

## KEEPING THE FIGHT OUTSIDE THE BODY

#### **COLORING CONTEST**

Download our activity pack from GermBlast.com/handwashing and have your students get creative!
We would love to display your students finished artwork on our Facebook page. Send your students artwork to hello@germblast.com for a chance to win a prize for your school!

**SINCE 2009** 

The GermBlast Activity Pack includes coloring pages, a handwashing quiz and more!

